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- ① Sumi-Gaeshi
- ② Tomoe-Nage
- ③ Ashi-Guruma
- ④ Tani-Otoshi
- ⑤ Yoko-Otoshi

- ⑥ Hane-Goshi
- ⑦ Te-Guruma
- ⑧ Ko-Soto-Gake
- ⑨ Kata-Juji-Jime
- ⑩ Nami-Juji-Jime

- ⑪ Gyaku-Juji-Jime
- ⑫ Morote-Jime
- ⑬ Hadaka-Jime
- ⑭ Ashi-Gatame-Jime
- ⑮ Sode-Guruma
- ⑯ Sankaku-Juji-Jime