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- ① Ko-Soto-Gari
- ② Koshi-Guruma
- ③ Okuri-Ashi-Barai
- ④ Morote-Seoi-Nage

- ⑤ Sode-Tsuri-Komi-Goshi
- ⑥ Eri-Seoi-Nage
- ⑦ Uchi-Mata
- ⑧ Soto-Makikomi